

# St. Mary's Church Lent Reflections 2026

30<sup>th</sup> March -4th April

A reflection for every day of Lent, chosen for you by members of our congregation.

Holy God, Our lives are laid open before you: rescue us from the chaos of sin and through the death of your Son bring us healing and make us whole in Jesus Christ our Lord. Amen.

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## Monday

Brother, sister, let me serve you;  
let me be as Christ to you;  
pray that I may have the grace to  
let you be my servant too.

Richard Gillard

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## Tuesday

*Chosen by Sally-  
Ann Bowen Davies*

There is a green hill far away, without a city wall, Where the  
Dear Lord was crucified, who dies to save us all  
Cecil Frances Alexander

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## Wednesday

*Chosen by  
Charlotte Kenyon*

O enter then his gates with praise,  
Approach with joy his courts unto;  
Praise, laud, and bless his name always,  
For it is seemly so to do.

For why? The Lord our God is good;  
His mercy is forever sure;  
His truth at all times firmly stood,  
And shall from age to age endure.

William Kethe

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## The Kingdom Within Us

### Thursday

*Chosen by Father Keith*

Enter eagerly into the treasure-house that lies within you, and so you will see the treasure-house of Heaven: for the two are the same, and there is but one single entry to them both. The ladder that leads to the Kingdom is hidden within you, and is found in your own soul. Dive into yourself and in your soul you will discover the rungs by which to ascend.

Saint Isaac the Syrian

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### Friday

*Chosen by Linda  
Caldwell*

Enter the secret room of your mind, put out everything except God and whatever helps you to find him. Close the door of your mind and seek God.

Saint Anselm

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### Saturday

*Chosen by Judi Higton*

My song is love unknown,  
My Saviour's love to me;  
love to the loveless shown,  
that they might lovely be.  
O who am I, that for my sake  
my Lord should take frail flesh and die?

Samuel Crossman

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